



University of Dundee

### The Gift

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# THE CIFT

### Transforming Lives through Organ Donation



### THE GIFT



IT IS MY GREAT PLEASURE TO INTRODUCE THIS COMIC. OUR PROJECT ORIGINATED FROM AN HONEST CONVERSATION WITH MY FRIEND AND COLLEAGUE PROF CHRIS MURRAY: HOW TO COMMUNICATE COMPLEX ISSUES SURROUNDING THE ISSUE OF ORGAN DONATION? OVER THE LAST SEVEN YEARS I HAVE HAD THE HONOUR OF BEING AN AMBASSADOR FOR THE ORGAN DONATION CAMPAIGN BY TELLING MY SON, ANDREW'S, STORY.

THROUGH MY ROLE AS AN ORGAN DONATION AMBASSADOR I MEET COURAGEOUS AND SELFLESS PEOPLE. SOME ARE IN DESPERATE NEED OF HOPE, SOME ARE IN THE POSITION TO PROVIDE HOPE, AND THOSE WHO, THROUGH THEIR PROFESSIONALISM AND DEDICATION, TRANSFORM LIVES.

OUR SINCERE THANKS FOR THE SUPPORT OF THE FOLLOWING ORGANISATIONS: UNIVERSITY OF DUNDEE; THE NHS BLOOD AND TRANSPLANT SPECIALIST NURSES IN ORGAN DONATION; DUNDEE COMICS CREATIVE SPACE; GOOD LIFE, GOOD DEATH, GOOD GRIEF, AND THE ORGAN DONATION COMICS TEAM. IT IS ONLY THROUGH THEIR SUPPORT THAT THIS PROJECT CAME TO FRUITION.

IN THE FOLLOWING PAGES WE SHARE HEARTFELT STORIES AND LIFE EXPERIENCES RELATED TO ORGAN DONATION. BY DOING SO WE HOPE TO BRING AWARENESS TO A WIDER AUDIENCE AND PROMPT HONEST CONVERSATIONS ABOUT ORGAN DONATION.

FINALLY, I WOULD LIKE TO THANK MY SONS ANDREW AND STUART FOR WARMING MY HEART. THROUGH TEARS AND LAUGHTER WE PRESENT TO YOU... *THE GIFT*.

#### MAYRA CROWE

SPANISH ORGANISER AND INTERNATIONAL RECRUITMENT OFFICER, UNIVERSITY OF DUNDEE

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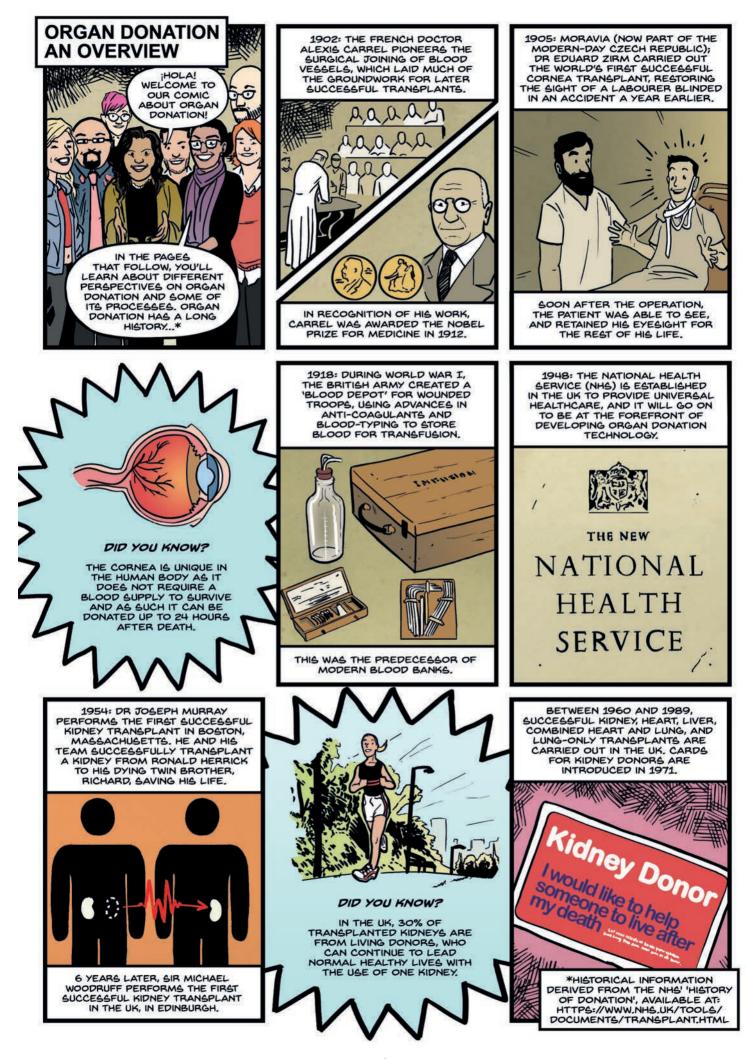
**STORY:** LAURA FINDLAY **ART:** CATRIONA LAIRD WITH THANKS TO GOOD LIFE, GOOD DEATH, GOOD GRIEF

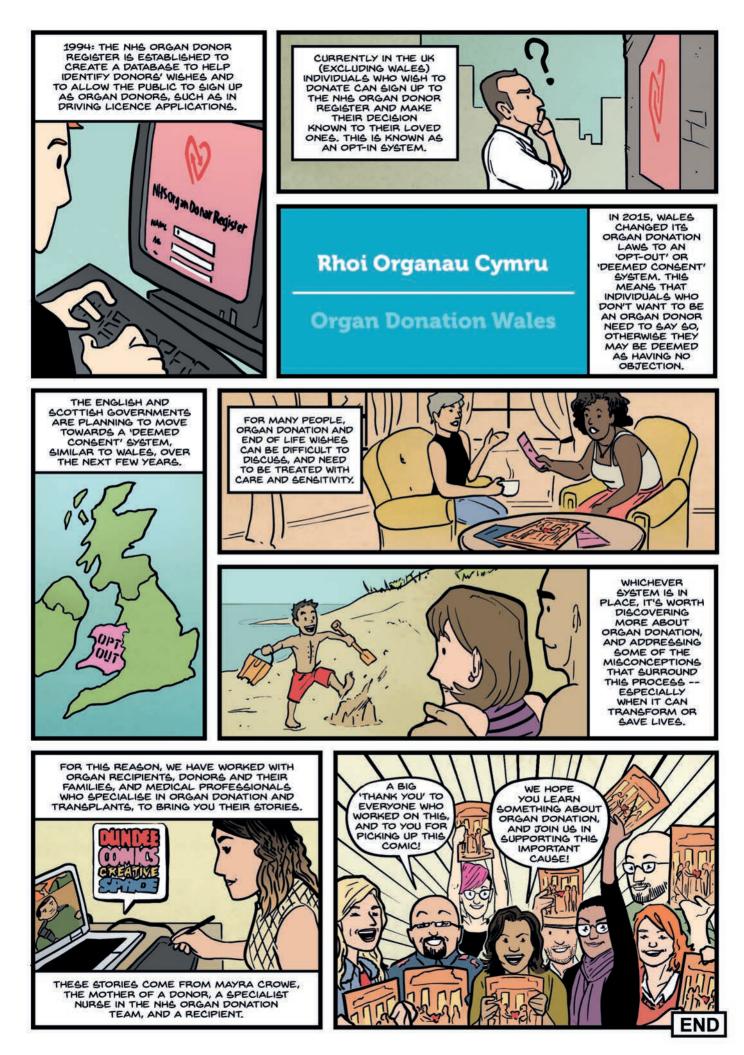
SCRIPTS BY MAYRA CROWE, DAMON HERD, REBECCA HORNER, LAURA FINDLAY, CHRIS MURRAY, GOLNAR NABIZADEH, MEGAN SINCLAIR & PHILLIP VAUGHAN. FRONT COVER INK BY NORRIE MILLAR, COLOURING BY REBECCA HORNER.

WITH THANKS TO LYNNE MALLEY (SN-OD) AND NEIL HEALY (SN-OD) FROM NHS BT, REBECCA PATTERSON, MARK HAZELWOOD AND ROBERT PEACOCK FROM GOOD LIFE, GOOD DEATH, GOOD GRIEF, AND DR SALLY PAUL FROM STRATHCLYDE UNIVERSITY.



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### ANDREW'S STORY

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FOR ME, BEING AN ORGAN AND TISSUE DONATION AMBASSADOR PROVIDES A PLATFORM TO TELL MY SON'S STORY...



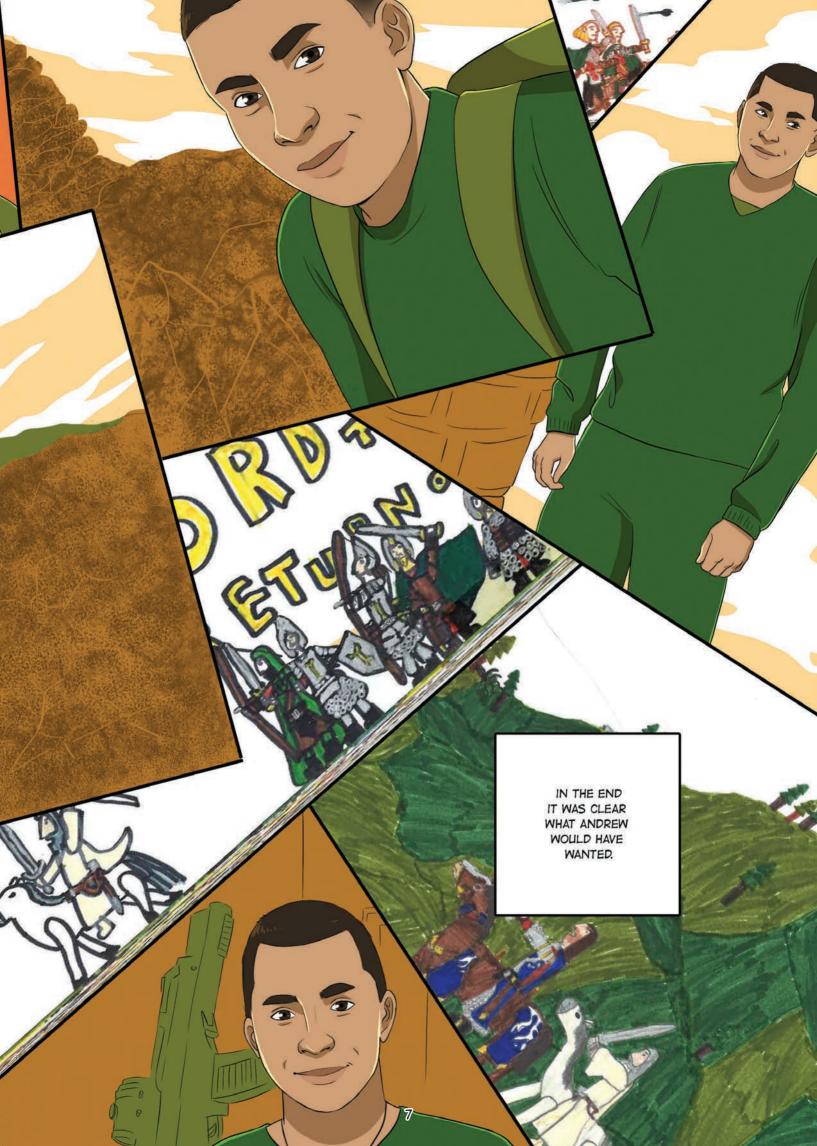


WE HAD NEVER SPOKEN TO ANDREW ABOUT ORGAN DONATION. WE DIDN'T KNOW WHAT HIS WISHES WOULD BE.



WE THOUGHT A LOT ABOUT THE PERSON HE WAS...





THANKS TO ANDREW, NINE PEOPLE NOW ENJOY A RENEWED QUALITY OF LIFE.



















INSPIRED BY HELPING OTHERS, I FELT IT IMPORTANT TO SHARE OUR STORY...



I RECALL THE FIRST RECIPIENT I EVER MET. WE WERE AT AN ANNUAL MEMORIAL SERVICE FOR THOSE TOUCHED BY ORGAN DONATION.



AFTERWARDS, HE TALKED TO ME ABOUT HIS GUILT AT RECEIVING A DONATION.

HE WAS COMFORTED TO HEAR MY STORY...

...AND LEARN OF A RELATIVE'S PERSPECTIVE.

ORGAN DONATION HAS GIVEN ME A SENSE OF COMMUNITY, ENABLING ME TO CONNECT WITH PEOPLE WHO HAVE HAD SIMILAR EXPERIENCES.

THEY LIVE IT DAY IN AND DAY OUT -THEY ARE SUPERHEROES.



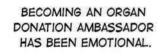
ONE OF THE BIGGEST THINGS THAT SURPRISED ME THROUGHOUT MY WORK WITH ORGAN DONATION WAS WHEN A 15-YEAR OLD CONTACTED ME, SAYING HE HAD SEEN ME ON TV AND PUT HIS NAME ON THE DONATION LIST.





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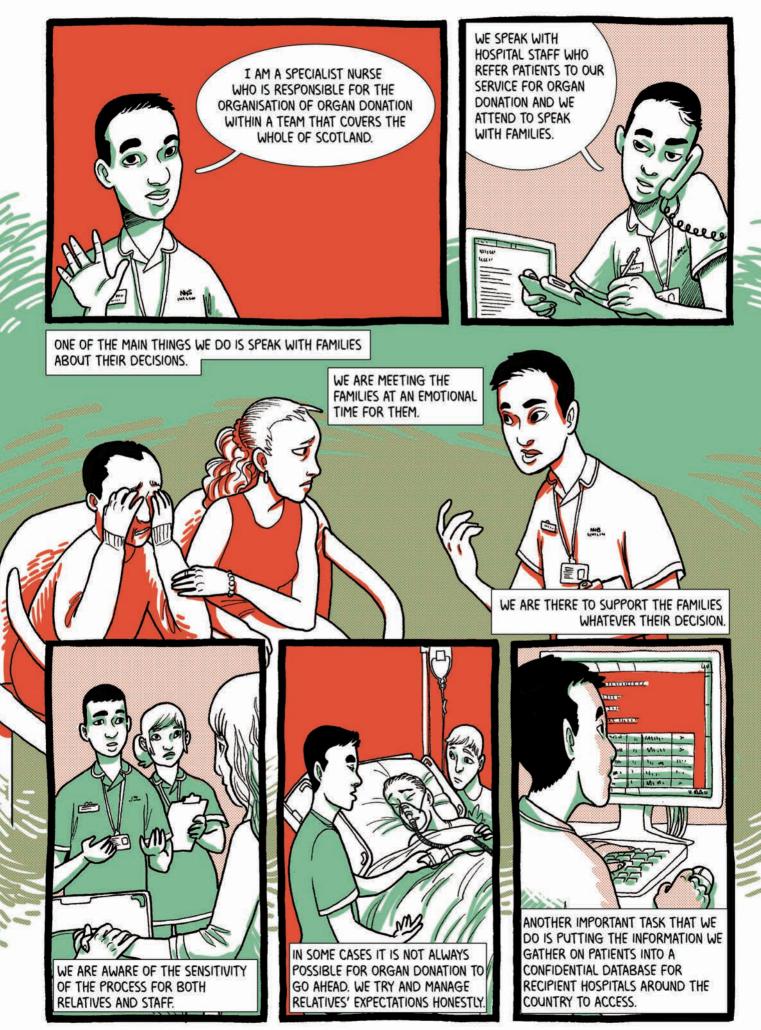
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ALTHOUGH IT CAME OUT OF SOMETHING TRAGIC, IT HAS BEEN A POSITIVE EXPERIENCE.

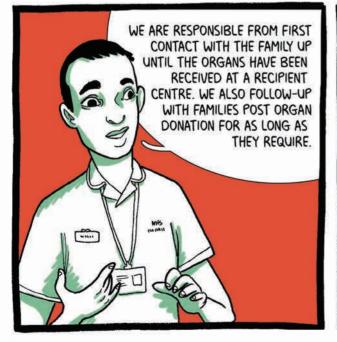
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### THE PROCESS OF ORGAN DONATION





ONCE WE MATCH THE ORGANS WITH A RECIPIENT, WE MOBILISE A SPECIALIST SURGICAL TEAM TO THE HOSPITAL AND FACILITATE THE THEATRE PROCESS.

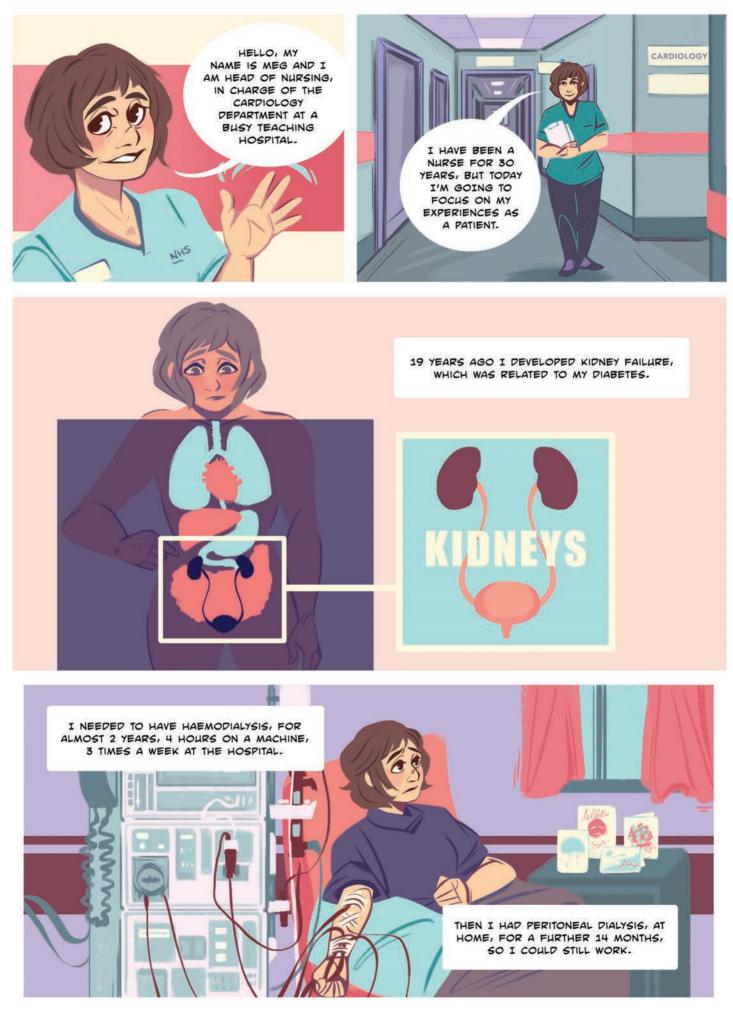




OF WHOM HAVE PERHAPS BEEN AT THE BEDSIDE FOR MANY DAYS PRIOR TO THE ORGAN RETRIEVAL OPERATION.



## A RECIPIENT'S STORY

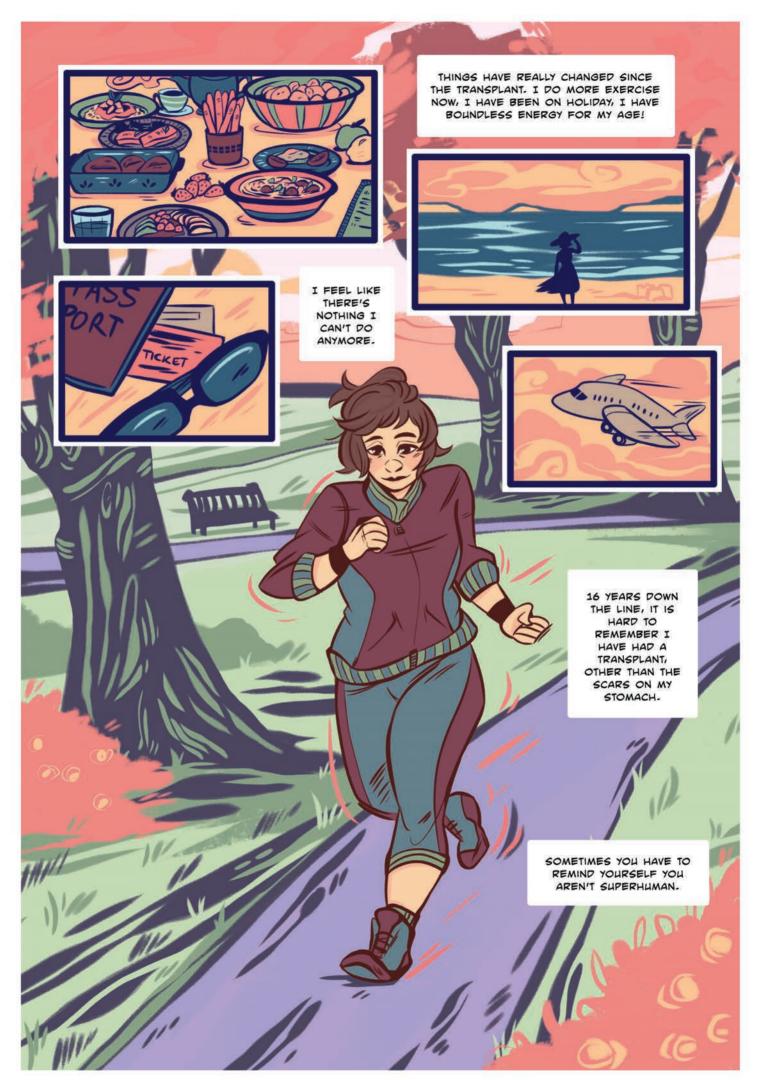
















### GOOD LIFE, GOOD DEATH, GOOD GRIEF: AN INTRODUCTION



GOOD LIFE, GOOD DEATH, GOOD GRIEF IS AN ALLIANCE OF ORGANISATIONS AND INDIVIDUALS WORKING TO RAISE PUBLIC AWARENESS OF WAYS OF DEALING WITH DEATH, DYING AND BEREAVEMENT. THE ALLIANCE AIMS TO MAKE SCOTLAND A PLACE WHERE THERE IS MORE OPENNESS ABOUT THESE ISSUES SO THAT PEOPLE ARE BETTER EQUIPPED TO SUPPORT EACH OTHER THROUGH THE DIFFICULT TIMES THAT CAN COME WITH LOSS.

#### THE ALLIANCE IS WORKING TOWARDS A SCOTLAND WHERE:

- PEOPLE ARE **WELL-INFORMED** ABOUT THE PRACTICAL, LEGAL, MEDICAL, FINANCIAL AND EMOTIONAL ISSUES ASSOCIATED WITH DEATH, DYING AND BEREAVEMENT;
- THERE ARE **ADEQUATE OPPORTUNITIES** FOR DISCUSSION OF THESE ISSUES, AND IT IS NORMAL TO PLAN FOR THE FUTURE;
- **PUBLIC POLICIES** ACKNOWLEDGE AND INCORPORATE DEATH AND DYING;
- HEALTH AND SOCIAL CARE SERVICES SUPPORT PLANNING AHEAD AND ENABLE CHOICE AND CONTROL IN CARE TOWARDS THE END OF LIFE;
- WHERE *COMMUNITIES AND INDIVIDUALS ARE BETTER EQUIPPED* TO HELP EACH OTHER THROUGH THE HARD TIMES WHICH CAN COME WITH DEATH, DYING AND BEREAVEMENT.

#### SOME STATISTICS TO CONSIDER ...

- 74% OF PEOPLE HAVE NOT DISCUSSED WHAT THEIR WISHES WOULD BE IF THEY DID NOT HAVE LONG TO LIVE.
- FOR 61% OF THESE PEOPLE, THIS IS BECAUSE THEY FEEL 'TOO YOUNG' TO DISCUSS DEATH, OR BECAUSE DEATH 'FEELS A LONG WAY OFF'.
- 79% OF PEOPLE DON'T HAVE ANY WRITTEN PLANS FOR THEIR END OF LIFE CARE, FINANCIAL WISHES OR FUNERAL PLANS.
- ONLY 35% OF PEOPLE HAVE WRITTEN A WILL.

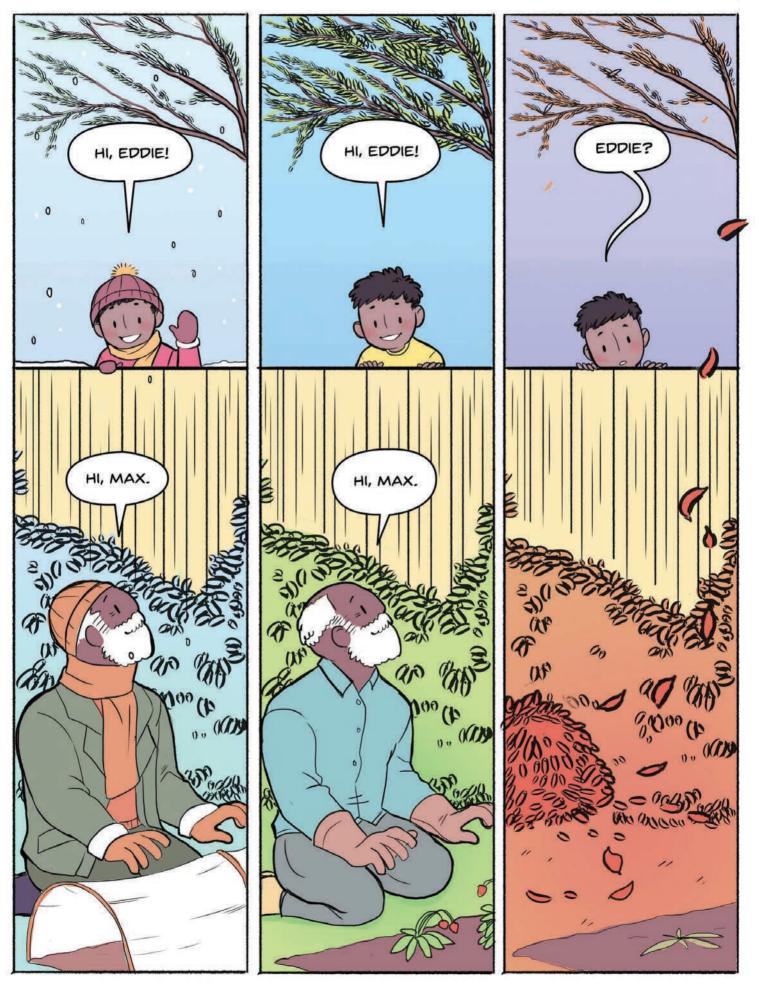
ANY PERSON OR ORGANISATION INTERESTED IN FURTHERING THE AIMS OF GOOD LIFE, GOOD DEATH, GOOD GRIEF IS WELCOME TO JOIN FOR FREE. MEMBERS ARE ENCOURAGED TO DEVELOP ACTIVITIES THAT ARE IN KEEPING WITH THE AIMS OF THE ALLIANCE, AND TO FIND WAYS OF UNDERTAKING AND SUSTAINING THESE INITIATIVES.

### FOR MORE INFORMATION PLEASE GO TO WWW.GOODLIFEDEATHGRIEF.ORG.UK

### MAX PLANTS A FLOWER FOR OLD EDDIE - A NOTE FROM THE EDITORS

THE STORIES IN THIS COMIC TOUCH ON THE DIFFICULTIES OF DISCUSSING ORGAN DONATION. IT IS HOPED THAT BY SHARING THESE STORIES, CONVERSATIONS ABOUT THIS SUBJECT CAN BECOME A LITTLE EASIER. AS RECOUNTED IN ANDREW'S STORY, GRIEF AND LOSS ARE PART OF THE PROCESS. MANY PEOPLE FIND DISCUSSING THESE ISSUES DIFFICULT, AND CAN BE UNSURE OF HOW TO TALK TO CHILDREN ABOUT DEATH. DR LAURA FINDLAY AND ARTIST CATRIONA LAIRD HAVE WORKED WITH GOOD LIFE, GOOD DEATH, GOOD GRIEF TO CREATE A COMIC STRIP, "MAX PLANTS A FLOWER FOR OLD EDDIE" THAT EXPLORES HOW TO TALK TO CHILDREN ABOUT DEATH. THIS STORY ALSO HIGHLIGHTS THE IMPORTANCE OF EMPATHY AND HONESTY WHEN DISCUSSING THIS SUBJECT WITH ANYONE.

# Max Plants a Flower for Old Eddie





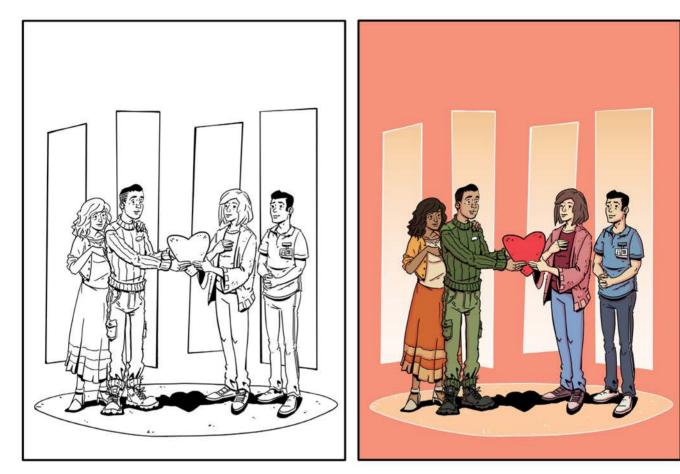




### **PROCESS WORK**

FRONT COVER - INK BY NORRIE MILLAR

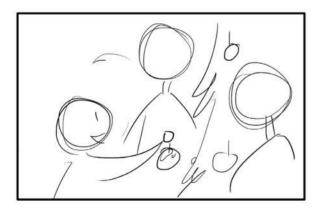
COLOUR BY REBECCA HORNER



ANDREW'S STORY - STEP-BY-STEP PROCESS BY ASHLING LARKIN

THUMBNAIL

ROUGH













### A RECIPIENT'S STORY - LAYOUTS VS. FINISHED ARTWORK BY HELEN ROBINSON













### THE PROJECT

THE PROJECT WAS INITIATED BY A LOCAL DONOR FAMILY MEMBER IN ASSOCIATION WITH THE UNIVERSITY OF DUNDEE. THE AIM OF THE PROJECT WAS TO CREATE AN ILLUSTRATED COMIC FOR USE A RESOURCES THAT CAN BE USED IN A VARIETY OF SETTINGS INCLUDING SCHOOL EDUCATION, HOSPITAL WAITING ROOMS, AND MEDICAL/NURSING STUDENT EDUCATION.



THE UNIVERSITY OF DUNDEE TEAM: GOLNAR NABIZADEH, MAYRA CROWE, DAMON HERD (BACK), CHRIS MURRAY, PHILLIP VAUGHAN, LAURA FINDLAY & MEGAN SINCLAIR.



CHRIS MURRAY, MAYRA CROWE, AND GOLNAR NABIZADEH WITH ANDREW'S ARTWORK AND NOTEBOOKS, WHICH HELPED TO INSPIRE THE DEVELOPMENT OF THIS PROJECT.

**ELLIOT BALSON** IS A DUNDEE-BASED COMIC ARTIST. HIS WORK CAN BE FOUND IN VARIOUS UNIVERSE PUBLICATIONS, COMICHAUS, AND AN UPCOMING ANTHOLOGY CALLED MASKS. HE IS CURRENTLY WORKING ON HIS OWN SERIES, UNTETHERED, WITH WRITER UMAR DITTA.

**MAGNUS CORKISH** IS A GENERIC NEUROLOGY NURSE IN THE NEUROLOGY DEPARTMENT OF NHS FORTH VALLEY. FOR SEVERAL YEARS HE WAS A SPECIALIST NURSE WITH NHS SCOTLAND'S ORGAN DONATION TEAM.

**MAYRA CROWE** IS THE SPANISH LANGUAGE ORGANISER AND THE INTERNATIONAL RECRUITMENT OFFICER FOR THE SCHOOL OF HUMANITIES AT THE UNIVERSITY OF DUNDEE. SHE ALSO IS THE HIGHER EDUCATION REPRESENTATIVE OF THE SCOTTISH ASSOCIATION FOR LANGUAGE TEACHING (SALT) COMMITTEE. MAYRA IS INVOLVED IN THE ORGAN DONATION CAMPAIGN IN SCOTLAND AND THE GOOD LIFE, GOOD DEATH, GOOD GRIEF CHARITY AND THE TO ABSENT FRIENDS FESTIVAL.

**DR. LAURA FINDLAY** IS A RESEARCH ASSISTANT AT THE UNIVERSITY OF DUNDEE. SHE IS CURRENTLY WRITING A MONOGRAPH ON THE REPRESENTATION OF TRUE CRIME IN POPULAR CULTURE WITH A PARTICULAR FOCUS ON COMICS AND PODCASTS. SHE HAS PUBLISHED WORK ON ART SPIEGELMAN, POST-9/11 LITERATURE AND FILM, AND BRET EASTON ELLIS. SHE HAS CO-WRITTEN COMICS ON GRAPHIC JUSTICE AND GRAPHIC MEDICINE AND HAS AUTHORED A COMIC ESSAY ON TRAUMA, ENTITLED CLOSURE.

**DR. DAMON HERD** IS THE COORDINATOR OF THE DUNDEE COMICS CREATIVE SPACE. HE IS ALSO AN ARTIST AND RESEARCHER WITH A PHD IN COMICS FROM THE UNIVERSITY OF DUNDEE. HIS RESEARCH AREA IS AUTOBIOGRAPHICAL COMICS, AND PERFORMANCE. HE IS THE FOUNDER OF DEECAP (DUNDEE COMICS/ART/PERFORMANCE).

**REBECCA HORNER** IS A CARTOONIST AND COLOURIST BASED IN INK POT STUDIO, AND IS WORKSHOP COORDINATOR AT DUNDEE COMICS CREATIVE SPACE. SHE SELF-PUBLISHES HER OWN WORK ONLINE, HAS BEEN PUBLISHED IN MANY ANTHOLOGIES, AND HAS DONE PRODUCTION ON VARIOUS BOOKS, INCLUDING THIS ONE.

**CATRIONA LAIRD** IS A SCOTTISH ILLUSTRATOR AND COMIC ARTIST BASED IN INK POT STUDIO IN DUNDEE. SHE WAS THE WINNER OF THE SICBA AWARD FOR UP AND COMING TALENT 2017 AND WAS NOMINATED FOR BEST ARTIST FOR HER ONGOING WEBCOMIC CHIMERICAL IN 2018. CATRIONA IS CURRENTLY WORKING ON THE UPCOMING GRAPHIC NOVEL NASTY GIRLS WITH WRITER ERIN KEEPERS AND PUBLISHER GEORGE LENNOX.

**ASHLING LARKIN** IS A DUNDEE-BASED COMIC ARTIST WORKING AT INK POT WITHIN THE DUNDEE COMICS CREATIVE SPACE. IN 2017 SHE COMPLETED HER AUTOBIOGRAPHICAL COMIC "FUNDEE", AND HER CURRENT ONGOING PERSONAL PROJECT IS "THE ENCHANTED BOOK".

**NORRIE MILLAR** IS A SCOTTISH COMICS ARTIST BASED IN DUNDEE. HE SELF-PUBLISHES HIS OWN WORK AND IS ALSO A FREELANCE ILLUSTRATOR, PROVIDING WORK FOR NUMEROUS COMPANIES AND PUBLISHERS.

**PROFESSOR CHRIS MURRAY** IS CHAIR OF COMICS STUDIES AT THE SCHOOL OF HUMANITIES, UNIVERSITY OF DUNDEE. AND HE LEADS THE MLITT IN COMICS AND GRAPHIC NOVELS COURSE. HE IS DIRECTOR OF THE SCOTTISH CENTRE FOR COMICS STUDIES AND DUNDEE COMICS CREATIVE SPACE, CO-EDITOR OF STUDIES IN COMICS (INTELLECT) AND UNIVERSE COMICS, AND HAS PRODUCED SEVERAL PUBLIC INFORMATION COMICS FOR RESEARCH AND ENGAGEMENT PURPOSES.

**DR. GOLNAR NABIZADEH** IS LECTURER IN COMICS STUDIES AT THE UNIVERSITY OF DUNDEE. HER RESEARCH FOCUSES ON COMICS AND VISUAL STUDIES AND PARTICULARLY ON REPRESENTATIONS OF TRAUMA, MIGRATION, AND MEMORY IN THESE FIELDS. SHE HAS A MONOGRAPH FORTHCOMING WITH ROUTLEDGE ENTITLED REPRESENTATION AND MEMORY IN GRAPHIC NOVELS.

**MEG PARK** IS A 49-YEAR OLD LADY, DIAGNOSED WITH TYPE 1 DIABETES AT AGE 15. SHE DEVELOPED KIDNEY FAILURE IN 1998, COMMENCING ON DIALYSIS IN LATE 1999, AND RECEIVED A COMBINED KIDNEY PANCREAS TRANSPLANT IN OCTOBER 2001. SHE CURRENTLY WORKS AS HEAD OF NURSING AT A TEACHING HOSPITAL.

**HELEN ROBINSON** IS A COMIC ARTIST AND ILLUSTRATOR FROM NORTHERN IRELAND. SHE HAS A DEGREE IN ANIMATION AND HAS WORKED ON SOME COOL COMICS SUCH AS THE LIGHT THIEF, LOW TIDE, COSMOS IN BLUE, AND TRANSFORMATIONS: THE D'ARCY THOMPSON COMIC.

**MEGAN SINCLAIR** IS A PHD STUDENT AT THE UNIVERSITY OF DUNDEE. HER RESEARCH FOCUSES ON 'GENRE AND HEALTHCARE IN COMICS' WHERE SHE EXAMINES THE WAYS THE SUPERHERO AND AUTOBIOGRAPHY CAN BE USED TO PROMOTE INFORMATION ABOUT HEALTH AND WELLBEING.

**PHILLIP VAUGHAN** IS A SENIOR LECTURER AND THE COURSE DIRECTOR FOR THE MSC IN ANIMATION & VFX AND THE MDES IN COMICS & GRAPHIC NOVELS PROGRAMMES AT THE UNIVERSITY OF DUNDEE. HE IS ALSO THE COORDINATOR OF THE LEVEL 3 COMIC ART & GRAPHIC NOVELS MODULE AT DUNCAN OF JORDANSTONE COLLEGE OF ART & DESIGN. HE IS ART DIRECTOR AT DUNDEE COMICS CREATIVE SPACE AND THE SCOTTISH CENTRE FOR COMICS STUDIES, AND IS CO-EDITOR OF UNIVERSE PUBLICATIONS.

**LETTY WILSON** IS THE ARTIST ON AWARD-WINNING SCI-FI SERIES COSMIC, WRITTEN BY ERIN KEEPERS. SHE HAS CONTRIBUTED TO VARIOUS ANTHOLOGIES AND HAS SEVERAL OTHER BOOKS PUBLISHED WITH PANELS, A COLLABORATIVE GROUP BASED IN GLASGOW, SCOTLAND, INCLUDING THE SICBA AWARD-WINNING GRAPHIC NOVEL A STRANGER CAME TO TOWN.

