



NIHR Health Technology  
Assessment programme  
funded project

# INTERVAL Dental Recalls Trial



## Are you interested in participating?

### What is the Trial about?

The Trial is designed to evaluate the effectiveness and cost effectiveness of three different dental recall intervals. Patients will be randomly allocated to one of three arms:

1. 24 month recall (patient suitability for this arm is assessed by the dentist)
2. Risk-based recall (NICE Guideline)
3. 6 month recall

### Who is participating and when does the Trial start?

Following successful delivery of the Feasibility Study, the Main Trial started on 1 September 2011. We plan to recruit 2288 patients from 44 general dental practices across the UK (Scotland, England, Wales & Northern Ireland). Each practice will recruit 52 patients and more than one dentist within the practice can recruit to the Trial. All patients will be followed-up for four years.

### Patient Eligibility

#### Inclusion:

Adult patients ( $\geq 18$  years of age) who:

- are dentate
- have visited their dentist in the previous 2 years
- receive their dental care as an NHS patient

#### Exclusion:

Adult patients who:

- have a medical condition indicating increased risk of bleeding
- are immuno-compromised

Potential patients fitting the criteria will be identified by the practice and a letter inviting them to take part will be sent with their next check-up appointment. The Primary Care Research Networks will assist the dental practices with the first approach to patients.

### Training provided to INTERVAL dentists

- Set-up briefing by the Trial Office at the dental practice
- Online training package for determining risk-based dental recall intervals (CPD points will be awarded)
- Good Clinical Practice (GCP) training

### Remuneration provided to INTERVAL dentists

Dentists will receive fees or reimbursement for time spent:

- receiving a set-up briefing from the Trial Office
- setting up the Trial within their practice
- undertaking GCP training
- screening and randomising patients

### Trial Office Dundee - Contacts

Dr Kulsam Ali, Trial Manager Tel: 01382 420060 Email: k.z.ali@dundee.ac.uk

Ms Hazel Braid, Trial Administrator Tel: 01382 420107 Email: h.j.braid@dundee.ac.uk

Co-Chief Investigators: Prof Nigel Pitts & Prof Jan Clarkson

### Are you interested in participating?

If you are interested in participating or finding out more about INTERVAL we would be delighted to hear from you. Please complete your details below and return this tear-off slip to the Trial Office Dundee. Thank you!

Name: \_\_\_\_\_

Practice Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Contact Tel: \_\_\_\_\_

Return Address: Trial Office Dundee, Dental Health Services Research Unit, University of Dundee,  
The Mackenzie Building, Kirsty Semple Way, DUNDEE DD2 4BF

